

Event programme

Women of West Yorkshire



10:00am **Registration opens**

Teas and coffees will be served in Brodrick Hall

10:30am – 10:40am **Welcome and introduction**

Alison Lowe OBE, Deputy Mayor for Policing and Crime

10:40am – 11:30am **Access all Areas**

How can we create a safer future for women and girls?

Alison Lowe OBE, Deputy Mayor for Policing and Crime

Amber Wilson, Business Development and Marketing Officer, Basis Yorkshire

Tanya Wilkins, Detective Superintendent, Head of Crime & Safeguarding Investigations, West Yorkshire Police

Christina Maria García, Chair, Diversity and Inclusion/ Outreach Officer at TransLeeds

Jo Collins, West Yorkshire Area Manager, Together Women

Lisa Farrand QPM, Ex West Yorkshire Police

11:30am – 12:30pm **In conversation**

How can we improve gender equality and shine a light on different stories?

Tracy Brabin, Mayor of West Yorkshire

Sally Wainwright OBE, Writer, Producer & Director

12:30pm – 1:30pm **Lunch**

Lunch will be served downstairs

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Yorkshire
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Tracy Brabin
Mayor
of West Yorkshire

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1:30pm – 2:00pm

Be the Boss

Hear inspiring stories from across West Yorkshire

Bethan Aspland, Pretty in Paper by B
Shar Simpson, Temple Wellbeing
Zoe Haydn Jones, Jobs for Women
Shibon Armstrong, Olive May's Kitchen

2:00pm – 2:55pm

Menopause Masterclass

How can we break the stigma surrounding menopause and improve the healthcare that is available?

Alice Smellie, Co-Author of Cracking the Menopause and Co-Founder and Director of Menopause Mandate
Paulette Edwards, Presenter on BBC Radio Sheffield
Lavina Mehta MBE, Founder of Feel Good With Lavina and Personal Trainer and Wellness Coach
Dr Clare Spencer, Menopause Specialist and GP, Co-Founder of My Menopause Centre

2:55pm – 3:15pm

Comfort break

Teas and coffees will be served in Brodrick Hall

3:15pm – 4:15pm

The Future is Female

How can we create a more equitable world for future generations?

Sharon Jandu OBE, Director of the Northern Asian Power Policy Think Tank and Founder of the Yorkshire Asian Business Association

Gabby Jahanshahi-Edlin, Social Entrepreneur and Founder of Bloody Good Period

Carol Ann Whitehead, Managing Director of The Zebra Partnership and Trustee at 50:50

Sarah Dodsworth, Regional Director of Royal College of Nursing Yorkshire and the Humber and Northern regions

Ali Gordon, Founder and CEO of Eat Out Round About

4:15pm – 4:30pm

Closing remarks

Tracy Brabin, Mayor of West Yorkshire

4:30pm – 5:30pm

Drinks reception

5:30pm

Event closes



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