#### Mayor's Safer Communities Fund Grant Round 2 Project Descriptions

#### 1. Abilities Together - Mitcham Gardens Bradford - £6000

Abilities Together are a community organisation that make greenspaces available for families, through allotment activities and the creation of their community garden. Their aim is to create spaces for young people and their families to learn, to enjoy and feel safe. Abilities Together's project will employ a key worker who is able to plan regular activities for the young people in the area to keep them engaged in physical activity and formal and informal play to distract them from the current challenges faced in the area of Mitcham Drive, supporting them to feel safe and educate them on the dangers of drugs and alcohol.

#### 2. Bangladeshi Youth Organisation (BYO) - Women Forward Together Bradford - £5744

BYO is an established community rooted charity, dedicated to delivering quality provision for children, young people, and the community. They deliver a range of activities and services to meet the needs of the local community, such as drop in Youth Club Sessions, Mental health interventions (for men and women), Cycling for health, Employability & language classes and Sports & diversionary activities for young people. BYO is an inclusive provision working with residents and young people from all backgrounds. This project aims to engage marginalised and excluded BAME and new arrival women and girls, to run an active educational empowerment project delivering sessions on drugs, county lines and child criminal exploitation, grooming, online abuse / safety, domestic abuse, mental health, 'honour' based abuse – forced marriage, misogyny and CSE, all with the aim of building resilience so that they understand the crimes, have the knowledge of their rights, and are able to be signposted to support services.

#### 3. Bloomin' Buds Theatre Company -Montagues Vs. Capulets Rewritten Bradford - £5535

Bloomin' Buds Theatre Company are an organisation that offer arts and cultural opportunities to working class communities. They recognise by providing opportunities people access better educational attainment, employment, a reduction in criminal activity and improved mental wellbeing, self-esteem, and self-worth. Their project, Company will work with Gateway Community Association to engage young people from both Thorpe Edge and Ravens Cliffe estates in the project 'Montagues VS Capulets Rewritten'. The workshops will also look at issues such as anti-social behaviour, drug and alcohol use, safety for young girls, CSE and the risk of County Lines Drug trafficking.

## 4. Bradford Rape & Sexual Abuse Survivors Service Survivors of Sexual Violence Bradford - £5815.36

Bradford Rape and Sexual Abuse Survivors Service provides specialist violence support services for women and girls who have experienced any form of sexual violence at any time in their lives. The range of services provided include counselling, a helpline, Independent Sexual Violence Advisor, Young Women & Girls services, advocacy & support for asylum seeking & trafficked women, shared support groups, and sexual violence prevention work. Their project will provide the resources needed to increase equality of access and improve the support they offer to women & girls who have Learning Difficulties. The project will enable the purchase of two sensory support kits and create easy read information about sexual violence and their services. They will be developing easy read text and graphics and develop their website to clearly navigate from their front page to their easy read pages. They will also create a downloadable leaflet for survivors with Learning Difficulties that can be used in introductory sessions with family and friends and enable staff from other agencies to use as a resource. In addition, the project will also widen inclusion by providing training in peer support for survivors of sexual violence.

#### 5. BHT Early Education & Training - Forest School for Girls Bradford - £5944.90

BTH Early Education & Training is a charity that aim to advance education for the benefit of the public, by the provision of childcare facilities and adult training to develop the capacity and skills of parents-to-be and parents with children aged 0 to 11. They do this through nursery, after school and holiday clubs, their 'Forest School' provision, and project work focusing on early intervention. They support children at risk of delayed communication aged 2 - 7 years, through book gifting, language intervention training and accreditation for practitioners, settings and schools, language support and narrative groups for children, music sessions from birth to 11 years, training courses, and other professional development courses. A review by YWCA and Girlguiding UK found that girls and young women were enthusiastic about having time away from boys and single-sex spaces encouraged girls to take more risks, express themselves and develop their self-confidence. Their project will provide support to girls aged 5-11 years from the Holme Wood area and will be delivered in their dedicated 'Forest School' area at our site in Holme Wood. Leaders will nurture learner led exploration and discovery sessions in the natural environment, focusing on engaging and developing the girl's skills and knowledge. The Leaders will provide activities that support the development of outdoor skills. such as cooking on fires and the upkeep of equipment, such as sharpening tools. The girls will be encouraged to develop a passion for the outdoors including wildlife, flowers, natural poisons, and dangers.

#### 6. Brathay Trust - BeSavy+ Bradford - £5515

Brathay Trust are an organisation that has delivered the BeSavy CSE programme to over 1000 school students and groups of young people who have been particularly vulnerable, including those who are looked after and known to offend. Their project, BeSavy+ is an early intervention project aimed at specific groups of vulnerable young people where early intervention will make the biggest impact, focusing on adolescent girls and girls in year 5 & 6. Through this programme young people and their carers will be supported to develop knowledge, understanding skills on issues such as grooming, online safety, healthy relationships and keeping safe thereby improving the safety of children across Kirklees. BeSavy+ will contribute to bridging the gap of early intervention and prevention.

#### 7. Cougarmania Foundation - Safe and Strong Bradford - £2125

Cougarmania Foundation is the official charity of Keighley Cougars Rugby League club. Their key aims are to act as a resource for young people and the wider community by providing advice and assistance and organising programmes of physical, educational, and other activities. Their project is specifically designed to support the empowerment of young women and girls in Keighley, with the support of the local PSCOs the programme combines rugby league, self-defence, mental health and training opportunities to enable more young women and girls benefit from the facilities and expertise of our Foundation and Club.

#### 8. Community Cougars Foundation - Safeguarding Young Lives Bradford - £6000

Community Cougars Foundation provide in and out-of-school activities to improve the life chances of young people (between the ages of 8-25 years old) by addressing their physical, social, and mental health needs. To engage a diverse set of young people, they offer a combination of sport, physical activity, and educational workshops. Their project will specifically work with young women (between the ages of 11 to 15 years old) to keep them safe from the dangers of serious and/or organised crime.

#### 9. Flying Futures CIC - Bradford Outreach Bradford - £5784

Flying Futures is a leading youth-focused organisation that delivers multiple programmes to young people who are not in education, employment or training, young people who are within or on the edge of the criminal justice system, those from minority backgrounds and those who are from deprived backgrounds. Their Bradford Outreach project will send out their experienced staff in their bus to areas of

Bradford with high levels of youth crime and anti-social behaviour. The staff will approach young people in parks, car parks and other areas and ask them to join in with sports activities like football or boxing or simply play video games on the bus. This project offers a safe place in a very informal setting to get an understanding of young people and earn their trust to be able to give them support and pathways into employment and training and in some cases back into education. This project has already been successfully rolled out in Doncaster where they engaged with 60 hard to reach young people.

#### 10. Friends Of Bradford Moor Park - Community Empowerment Bradford - £5850.00

The Friends of Bradford Moor Park are a local community group who are passionate about green spaces and the community wellbeing. The project will involve having safety and access workshops held within the park itself for women and girls, they will organise self-defence sessions and provide the understanding of tackling domestic abuse, harassment and ASB.

## 11. Joint Activities & Motor Education Service - JAMES – Marine, Mindful, Motivate Bradford - £5437

JAMES is an education provider that originated in Bradford 35 years ago, delivering multiple projects for young people and families within our communities. Their mission is to provide an effective, caring and understanding environment where young people and families can overcome disadvantage and lack of provision, to achieve their full potential in life. The project will offer 15 day sessions for vulnerable young people and families, on their narrowboat on the canal. The 'Marine' element of the project will show families the historic resource that is the canal corridor running through the heart of the district, enabling them to navigate along the canal corridor opening locks and steering the boat. 'Mindful' is the floating space that will create a place for reflection, showcasing the calm of the canal and the value of being in the outdoors as a tool for improved mental and physical health. 'Motivate' will support those engaged into further action, within their community, along the canals, or within JAMES. Participants will have all been impacted as victim or vulnerable to crime and antisocial behaviour.

#### 12.LADS West Yorkshire - Lads Reach our Project Bradford - £5700

Lads West Yorkshire is a service set up to tackle inequalities for men and boys accessing services. The service currently provides support around mental health, prevention, and intervention work in the form of our creative music hubs and peer groups. They aim to tackle social issues that impact on men and boys and create an environment where achievement is possible. The project will run drugs intervention and prevention workshops across Bradford's community centres, young people's

social housing and faith settings where appropriate. The Hub consists of music an effective way for young people to release stress. The environment will be a fun learning environment with the facilitators having lived experienced and qualified drugs trainers. workshops include - drugs avoidance, risk factors, education, impact, family, alternatives, success in life choices moving forward.

#### 13. Missing Peace Wellbeing & Support C.I.C - The Power of Peer Support Bradford - £5773.56

Missing Peace Wellbeing & Support are an organisation that offers one to one and peer support to support to people around their mental health and wellbeing. They provide Wellness Recovery Action Planning, courses and training, International Peer Support training, mental health first aid and yoga and meditation to name a few. Their aim is to make Keighley a 'suicide safer' community, by bringing people together and sharing experiences. Their project, The Power of Peer Support will offer 2, two hour weekly peer support groups, both face to face and virtually, also offering 20 one to one peer support sessions a week. Sessions will be run by qualified Intentional Peer Support staff who have their own lived experience of mental health. The aim of the project is to use peer support as both an early intervention and prevention tool, supporting individuals whilst waiting to access therapies through the Primary Care Network.

#### 14. Peacemaker International Project - Leaving It Intact Bradford - £6000

Peacemaker International Project (PIP) is a community-based family support organisation that gives a solid foundation to a wide range of self-help/capacity-building activities for vulnerable people, including the elderly, unemployed, and people with disabilities. PIP in collaboration with WISH (Women in Safe Homes) aims to promote the safety and security of women and girls through community-based crisis intervention, long-term approach, empowerment as well as working with other agencies to address underlined factors of gender-based violence. Their project, Leaving It Intact will reach out to schools and faith leaders/communities to address the issues of FGM with parents and pupils to understand the health implications of FGM and the law, provide tailored training for families and professionals to become champions, provide drop-in sessions, guidance, one-to-one, and group support and provide outreach & advocacy physically and virtually for many existing survivors who are going through the pain of FGM.

#### 15. Rooted In - Shine Girls Bradford - £5900

Rooted In strives to strengthen families and equip them to build a fulfilling and self-supporting life and encourage everyone to play a part in investing back into the community. Their project Shine Girls is a support programme for girls aged

11-16 who have complex needs and have experienced some form of childhood trauma. This is often a result of family breakdown, domestic and/or emotional abuse, disrupted education, experiencing poverty, substance misuse or loss of a loved one. The project will work with vulnerable and isolated girls struggling with their emotional and mental wellbeing, their identity and place in society by providing key tools to address destructive habits, self-harm and negative or suicidal thoughts, issues around peer pressure and controlling relationships. It will equip them with the tools, support systems and connections so that they can process life traumas, make positive and healthy choices for themselves, understand their inherent value, be able to create safe boundaries in real life and online and build resilience for their future.

#### 16. Reach Beyond (HCJB-UK) - Millside Women's Survivors Group Bradford - £5907

The Millside Centre supports 1,000 vulnerable people each year in a deprived inner-city Bradford neighbourhood, building confidence, skills, and connection in a safe space through events such as Job Club, Welcome Café, Befriending Project, ESOL Classes for migrants/refugees, ladies knitting and crochet, peer support mental health groups and domestic abuse work. Their project is to engage with an estimated 100 women survivors into safety through caring community support and linking to protection/specialist services. The project will deliver weekly therapeutic breadmaking sessions for traumatised women who are isolated, lack safe reliable community and are at higher risk of falling victim to abuse again. By providing this, staff will be able to listen, spot ongoing risk and signpost to other services to receive further general or specialised support.

### 17. Sandale Community Development Trust - To Intervene Bradford - £5850

Sandale Community Development Trust are a community organisation that supports residents to make positive changes in their lives and community. They support children and young people, families, the unemployed and older people and also have specific men's mental health project where they can learn skills in woodwork, gardening, and volunteering. Their project will work with young people by giving them knowledge and the opportunity to gain life skills within positive relationships, raise awareness of stranger danger, keeping young people safe and out of vulnerable positions, healthy and unhealthy relationships and to build on their self-awareness, self-esteem, and confidence.

### 18. Sports Mentoring Coaching Association - Back on Bikes (BoB) Bradford - £3900

Sports Mentoring Coaching Association is a voluntary organisation that works with young people mainly from a Black and Minority Ethic (BAME) background. They work closely with partners and the local community and the local youth group to facilitate projects, issue-based workshops, and activities to address mental and physical health. The main objectives of the organisation are to provide personal and social development activities for people, provide youth work activities for young people to encourage people to actively engage in their local community. The project will focus on engaging young females aged 5 to 25 to take part in sessions to learn how to ride a bicycle and go on fun bike rides. The sessions will be led by qualified instructors and will be a great opportunity for participants to take part in a structured activity, learn new skills and make new friends whilst at the same time taking part in exercise which will benefit them mentally and physically. They will also deliver issuebased sessions using local partners/professionals from the Youth Service, police, and faith organisations to address cyber safety, bullying, crime, and disorder, CSE and raise their awareness. Covid has had a big impact on the local young BAME community and issues have been cited as causing concerns, such as racism, being blamed for the virus and having nothing to do, therefore the project aims to address some of these issues and help young people work through them, so they do not feel victimised and know where to go for help.,

#### 19. Sanctus Academy A.B.C - Box Safe Bradford £6000.00

Sanctus Academy uses the sport of boxing and fitness to help people reach their full potential. Their project will use the power of sport to engage and support women and girls in South Bradford who have been the victim of crime who are at risk of becoming a victim of crime. Participants will be offered the opportunity to take part in a personalised and structured personal development course that will use the power of sport to help women and girls stay safer and recover from the effects of being a victim of crime. The course will use innovative methods to work on a range of issues that include developing self-confidence, anger management, personal safety, self-defence, conflict resolution, building self-esteem, body language, first impressions, mindfulness, processing thoughts and recognising and dealing with emotions.

#### 20. Tender Education and Arts (West Yorkshire Hub) RE: SET: Relationships Education Bradford - £5979

Tender works to prevent domestic and sexual violence in the lives of children and young people. Their innovative, arts-based programmes reach over 30,000 young people aged 8 – 25 years every year: preventing them from becoming victims or perpetrators, and supporting them to have healthy, equal relationships which enrich their lives. Their project, RE: SET, will support one secondary school to implement

and sustain a whole school approach to preventing gendered violence, engaging with every stakeholder in their school community. Over 12 months, this will include: Mentorship for their Senior Healthy Relationships workshops for students delivered by experienced Tender facilitators, including targeted work with young people disproportionately affected by abuse. Community sessions with parents/carers and local practitioners, to further embed domestic and sexual violence prevention across the wider community. An online toolkit containing creative resources, lesson plans and monitoring tools. This approach will serve as a replicable, best practice model of abuse prevention for local schools, and nurture a learning environment where every child can thrive.

#### 21. The Bradford Bulls Foundation Raise Your Game Bradford - £4995.50

The Bradford Bulls Foundation uses rugby league as a catalyst to improve the lives of people living in Bradford, engaging with 10,000 people each year in projects that are reflective of identified need within the community and fit within their strategic ideas of Sports and Physical Activity, Education and Employment, Health and Wellbeing and Social Inclusion. Their project Raise Your Game will support vulnerable young people aged 13-17 access positive activities that empower better choices, resilience, and healthier lifestyles. By providing weekly sessions in team sports, they will promote cohesion and friendship and support healthy lifestyles and reinforce dangers of risky behaviours. Informal conversations will be had around areas such as substance misuse, knife crime, unhealthy relationships, and mental health. Participants will also be supported to complete volunteering placements within their schools and foundation programmes.

#### 22. West Yorkshire Police, Bradford District - Neurodiversity Project Bradford - £6000

West Yorkshire Police have developed a Neurodiversity Project to create an improved support system around Neurodiversity in the Bradford district. This will be achieved by creating specialist Neurodiversity Officers throughout the district in key roles including Patrol, Safeguarding and Custody, who will undertake specialist training provided by Creased Puddle. It will also be achieved through the purchase of equipment to support people with ND conditions, including items retained within out buildings and portable "Grab and Go Bags". This will enable them to better support members of the community, including those with ND conditions and those impacted by people with ND conditions. It will also enable them to support colleagues within the police and partner organisations with ND conditions, by creating a stronger awareness of their conditions and what support they need, increasing the inclusivity of the workforce.

#### 23. West Yorkshire Police - Procedural Justice in Keighley Central Ward Bradford - £1000

West Yorkshire police's project is to work in partnership with Professor Jeff Gold (Leeds Beckett University) will work with WYP to deliver a yearlong project with 12 police officers/PCSOs/Ward Council officer and local youth outreach lead – all of whom work within the Keighley Central Ward. The project work is called 'Action Learning', and he will support the development of the 12 workers in understanding and utilising the principles of 'Procedural Justice' through a series of regular sessions, application of principles learned (such as giving people a voice during interactions with the police) individual learning logs and group reflection to embed learning and improved practice, specifically around stop and search.

### 24. Youthology - Youthology Bradford - £5850

Youthology is an organisation that addresses social isolation and supports mental wellbeing of young people aged 8-25. Through 1 to 1 mentoring, community services and life skills coaching they allow young people to unlock their true potential. Their project will offer football coaching, guitar tuition, drum tuition, street dance, singing tuition/choir, keyboard tuition, community volunteering and food & mental wellbeing sessions. These sessions will allow for young people to develop their aspirations, strengthen their community involvement, and improve their mental wellbeing after being negatively impacted by the pandemic.

#### 25. YMCA Bradford - Y's Girls Bradford - £6000

The YMCA have been supporting young people since 1857, striving to provide education and training opportunities, helping young people to participate fully in their communities and helping young people to avoid crime and antisocial behaviour. Their project Y's Girls is a mentoring programme which offers help, guidance and support to female-identifying young people aged 9-14 in Bradford. It matches trained volunteer mentors from a range of different backgrounds with young people to help support them overcome challenges and achieve their fullest potential in life. Y's Girls adopts a preventative approach, seeking to help young people who have been identified as demonstrating risk-factors relating to their mental health, such as challenging behaviour or aggression, disruptive family and personal relationships, lack of confidence and self-esteem, or non-attendance in school.

The aim is to reduce the likelihood of our young people developing more serious mental health problems later in adolescence or adulthood through building confidence, resilience, skills, and engagement with their communities.

#### 26. Calderdale SmartMove - Ladies Development Group

#### Calderdale - £4280

Calderdale SmartMove are an organisation who find secure accommodation and provide ongoing support for people of Kirklees. They assist women and girls with multiple complex needs including mental and physical health issues, and the results of domestic abuse. Their project is to introduce weekly women's only groups for their clients, where they feel safe and comfortable to interact and discuss mental health, domestic skills, physical activity sessions and a space for guest speakers to attend to discuss topics such as breast cancer and policing and crime. This project was developed due to an increase in domestic abuse related crimes as well as an increase in mental health problems nationally and within service.

### 27. Halifax Opportunities Trust - Fun 4 Youths Calderdale - £5,529.92

Halifax Opportunities Trust is a charity with roots based in the Park Ward area of Calderdale. The Trust was established in 2000 by local people and its' purpose is 'to work to make a vibrant, multicultural and self-sustaining community' by tackling poverty across Calderdale. The club is facilitated by qualified Halifax Opportunities Trust practitioners and provides a wide range of activities that encourage diversity and inclusion to help children interact with their peers, build positive relationships, try new experiences, develop skills and confidence, and raise community awareness.

### 28. Healthy Minds (Calderdale Wellbeing) - Time Out Calderdale - £4508

Healthy Minds is the working name of Calderdale Wellbeing, a mental health charity offering services across Calderdale to anyone who identifies as having mental health needs. They define mental health not just as the absence of distress but as a state of wellbeing in which each person realises their own potential, recognising different factors can affect people's wellbeing and so provide a range of services for people according to their needs. Their project, Time Out, has been approached by venues across Calderdale to deliver a rolling series of workshops that enable young people to use current technology to create digital art to support their recovery.

#### 29. Conscious Youth C.I.C - Conscious Girls Kirklees - £6000

Conscious Youth is a youth-led social enterprise which was formed in 2016 to inspire and empower young people across West Yorkshire. They have reached over 9000 young people in some of the most deprived neighbourhoods, where opportunity and investment has been lacking. They deliver youth clubs, social action projects, youth consultation, events, workshops, and self-development programmes in education provisions and in communities, aiming to improve the mental and emotional resilience of young people. Their project Conscious Girls is a youth-led initiative,

focused on improving the mental and emotional resilience of young girls and women aged 12-16 years old. Conscious Girls provides a safe and non-judgemental environment for young people to discover who they are, improve their social awareness and build a network of support. The sessions focus on, image and identity, core values, self-care, sexual and domestic abuse awareness, skills development, boundaries and consent, financial literacy, sex and relationship education, equality, and social action. Their key objectives are to build skills and confidence, improve health and wellbeing and build social networks.

#### 30. Freedom Personal Safety - SshOUT (Student Sexual Harassment OUT) Kirklees - £2893

Freedom Personal Safety us a social enterprise who work with individuals and communities to address the issue of violence against women and girls. They focus on empowering individuals to take control of their safety and give them the skills, confidence, and knowledge to keep themselves and others safe. Their project, sshOUT will be a programme created in partnership with Colne Valley High School to address the issue of peer-on-peer sexual harassment in school. They will ask students about their experiences through an anonymous student survey and use the findings to create a programme that will train students, all teaching and pastoral staff, create student ambassadors, run an awareness campaign, create bespoke lesson plans to continue the project and ensure that school is a safe place for everyone.

## 31. Friends of Honley (part of the Honley Village Community Trust) Honley Youth Girls Project Kirklees - £5824

Friends of Honley's aim is to improve the lives and welfare of the people of Honley by providing facilities and equipment for leisure, recreation, and education. Through their youth work, they have grown their weekly programme to include youth drop ins, detached work, sports sessions, graffiti workshops, mentoring, a youth council, and trips for around 100 young people. From their work so far, young people have told them they feel 'less lonely', 'more confident', have learnt new skills, and feel part of a supportive community. Their project is designed to support teenage girls in Honley to increase resilience, self-esteem and promote safety and understanding of healthy relationships. They will run face to face group sessions every month for 15 girls, which will focus on sexuality, bullying, body image, healthy relationships, online safety confidence and sex and relationships. They will also provide 1 to 1 mentoring for up to 8 girls who need further intensive support. They will be dedicating a weekly time slot for online support and advice and a 12 week fitness bootcamp to promote physical and mental wellbeing and self-esteem, provided by a personal trainer who is also a therapeutic children's wellbeing advocate and a children's independent sexual violence advocate.

#### 32.G2M Fitness & Wellbeing Ltd Confidence in the community Kirklees - £4170

G2M is a health and wellbeing organisation focusing on both physical and mental health. Their personal trainers, coaches and mental health experts deliver behaviour mentoring to children and young adults in schools, self-esteem workshops, women's self-defence classes and over 35 fitness groups. G2M's aim is to support the community and their project is to offer women the opportunity to attend self defence classes and workshops twice a week at the gym, for free. These sessions will improve confidence, provide new skills, and reduce their feeling of vulnerability when out in the local area. There have been 828 crimes committed already this year in and around their local Crows Nest Park, which has been the driving force to ensure women are able to feel safe in their local spaces.

### 33. Gladiators Boxing Academy Kirklees - £6000

Gladiators Boxing Academy is a sports and fitness club that offers fitness, sports and personal development programmes to adults and children, as well as running some successful recent projects for the Black and Minority Ethnic (BAME) communities, including Gypsy/Roma/Travellers and refugees, asylum seekers and migrants. Their project aims to engage with the female population of the Gypsy Roma Traveller and Refugee, asylum seeker and migrant populations and other low-income households in fitness and boxing as a sports and personal development programme and route to training and employment. The aim will be to train participants from these groups as Boxing and Fitness Coaches themselves, so that they will build skills as well as personal fitness and improved confidence. Gladiators Boxing Academy believe this will contribute to better integration and participation in the wider Kirklees community.

#### 34. Incubating Arts CIC (Operating as HATCH) Growing Colour Together Kirklees - £5700

HATCH CIC was established in 2019 to create projects where everyone involved has ownership of what is created and can see a legacy for themselves in the future of the project. Their project, Growing Colour Together will bring communities across Kirklees together to build resilience, reduce anti-social behaviour and encourage cohesion. WOVEN asks communities to grow natural dye plants in order to develop Kirklees as one big Colour Garden. In Kirkburton Parish, Birkby and Fartown Library and Dewsbury they will work with groups and individuals to turn unused areas into colour gardens.

#### 35. Kick Start Project CIC - Knives down Bikes out No ends Just Friends Kirklees - £5952

Kick Start is a small community organisation who's long term goal is to create a safe space within the community for young people to ride safely and feel safe. Their focus is to reduce crime in an area where knife crime is at it's highest and troubles are inflamed by gangs and postcodes. They engage with young people, teaching them respect, to be creative, have pride, be open and be diverse and to communicate with the staff without feeling pressured or scared, also supporting local families with signposting, applications, or a listening ear.

Their project aims to run in partnership with the police to engage with youths, with the aim of understanding why they carry knives and commit other crimes, teaching them how to be proud of the area they live in and feel safe. Through the use of motor bikes, young people will be given practical and life skills, which will also give them confidence and a wider understanding of the impacts their actions have on themselves and their communities. They will look at bike maintenance, knife crime prevention, drug awareness, mental health, and anti-social behaviour.

#### 36. Pursuit of Happiness C.I.C - Saturday Skills School Kirklees - £5950

Pursuit of Happiness CIC was established in October 2020 in the wake of George Floyd's murder. Their organisation started by hosting an Online Community centre that now has delivered 72 health and wellbeing meetings for residents over the past 20 months. Their project, Saturday Skills School, will provide positive black role models with a targeted approach to early intervention, inclusion, and diversity, dealing with disparities in education and employment for young black people. The project supplements free mainstream education sessions to encourage access and participation. Instructors will deliver lessons demonstrating construction-based tasks. Children aged 8 - 16 years old will be given the opportunity to ask questions and assist in completing these tasks. They will also be linking with construction industry suppliers to further develop this programme and create opportunities.

#### 37. Platform 1 - Women's Only Day Kirklees - £6000.00

Platform 1 is a mental health charity that supports adults with a variety of mental health needs from anxiety, stress and isolation to severe depression, suicidal thoughts, and long-term addictions. This project will enable them to answer the demand for an additional women's only service for one day a week for the next 12 months, to offer emotional support through 1 to 1 and group sessions, at their Huddersfield train station base. The project specifically provides advice for partners of people suffering with mental health problems, help to understand the needs of the person they are caring for, coping strategies for living with someone with mental health problems, support with budgeting and looking after household finances and guidance on personal development to improve self-confidence and development of

resilience techniques. Platform 1 have seen a 47% increase in requests from women looking to access this specific support.

### 38. Rainbow Baby Bank - Opening Community Hub Kirklees - £5200

Rainbow Baby Bank supply families and mothers to be with new & pre-loved essential baby equipment, nappies, toiletries, clothing up to age 10, baby food & formula on a professional basis only to families experiencing poverty, domestic abuse, asylum seekers, people who are unemployed or have housing issues, and people who have been exposed to trafficking and sexual exploitation. Their project is to provide more accommodating premises that enable the organisation to provide accessibility, privacy and discretion and give the opportunity to incorporate a community hub for one-to-one support, host a drop in clinic for professionals and allow for discrete signposting and collections along with an information library. Rainbow baby bank has seen a 77% increase in demand for their service and due to the cost-of-living crisis anticipate further need for their service.

## 39.S & H Training and Development (UK) Ltd CIC - Streetwise First Aid (For Families in Need) Kirklees - £5928

S & H Training and Development are a social enterprise company that work within identified communities with high levels of need due to unemployment, barriers to work, low academic achievements and high crime rates. The project, Streetwise First Aid will be an ongoing programme co-created with residents to be delivered in 2 hour workshops for up to 12 learners at a time. The sessions will target two cohorts, young people 9-15 years and 16+ to learn 'Actions in an emergency on the street' addressing gunshot & knife injuries, including the use of manufactured and improvised tourniquets, substance abuse symptoms and first aid, mental and emotional effects of involvement in crisis situations and scenario based sessions putting their new skills to the test. This project has been developed by consultation with local communities, influencing the content of the course and areas that it is most needed in Kirklees.

#### 40. Training Cave Club Ltd - Better Futures! Kirklees - £6000

The Training Cave is a fitness and boxing club based in Birstall. Through boxing they teach people how to be fit, healthy and strong for life. Their organisation delivers and contributes to various community programmes and wherever possible coach young people lacking opportunity or have particular need for support. Their project, Better Futures, will deliver two personal development programmes using boxing to positively engage young offenders and young people at risk of offending aged 12-16, focusing on violent crimes in particular. The group fitness sessions will be facilitated

over three stages: physical health and leadership, mental health and wellbeing, and social action and volunteering. They will also provide additional support with individual circumstances and career choices will be given during 1:1 mentoring sessions. Their focus is to reduce youth reoffending, by addressing mental health and helping people to overcome their personal barriers, providing positive engagement, and supported pathways.

#### 41. Umbrella Yoga C.I.C - Supporting Trauma Survivors Through Yoga Kirklees - £5955

Umbrella Yoga is a community interest company that brings people together through yoga. Their project will provide 80 yoga sessions to some of the most vulnerable women in the community: victims of sexual abuse, rape, and domestic violence. They aim to support recovery and healing, promote confidence and resilience, in partnership with the Kirklees Rape and Sexual Assault Centre (KRASAC) and Pennine Domestic Abuse Partnership (PDAP), the sessions will be delivered on their premises.

## 42. West Yorkshire Police, Kirklees District Early Action & Safer Schools Team - Be You Project Kirklees - £5000

West Yorkshire Police serve approximately 2.3 million people living in one of the five metropolitan districts of Bradford, Calderdale, Kirklees, Leeds, and Wakefield. Through identifying increasing numbers of girls displaying vulnerability through their use of social media, their involvement in dangerous situations and sadly, an almost acceptance that they will be sexually or physically assaulted at some point in their lives. Their project, Be You, will be engaging girls aged 11 to 13 in 4 separate weeklong programmes in the schools' holidays in 2022/23 to provide a 5 phase project covering aspects such as fitness, toxic relationships, body confidence, identifying dangerous situations, self-defence and healthy eating.

Their project, Fun 4 Youths will provide a wide range of activities that encourage diversity and inclusion to help children interact with their peers, build positive relationships, try new experiences, develop skills and confidence and raise community awareness. Activities include; team-building activities, arts and crafts, outdoor physical games and multi-cultural celebrations. The club is open to all local children but there is a focus on engaging with the most disadvantaged and socially isolated families from the so these children can experience activities that they otherwise may not have the opportunity to take part in.

### 43. Yorkshire Youth & Music Ltd - Musical Engagement Kirklees - £5760

Yorkshire Youth & Music (YY&M) is a community music education company working across Yorkshire. They offer quality learning opportunities in music making and related arts for disadvantaged young people in challenging circumstances, across all music styles, and according to young people's needs and aspirations The project will provide regular music making sessions for young people who have offended or are at risk of offending. Young people will explore music making, and make their own songs, tracks, and raps, supported by an expert Music Leader and Youth Workers. They will explore different styles of music and learn how it affects mood and emotions, music and lyrics that promote negative life choices will be challenged and used as the basis for conversations around making positive beneficial choices. The emphasis will be on making products (songs, raps, or tracks) that express views and help regulate feelings, developing engagement with learning, persistence, and achievement. They will also support young people to join mainstream music activities, to enable their integration into local, beneficial communities.

#### 44. Yorkshire Mentoring CIC - A Closer Look Kirklees - £5990

Yorkshire Mentoring is a Community Interest Company, which promotes the use of mentoring through a variety of interventions across the region to support individuals and encourage their personal development. Their project has four strands, all incorporating a powerful video (Kayleigh's Love Story) as a stimulus. Workshops for women aged 16-17 to be delivered at The Studio School and will create a safe place for discussion and exploration. The participants will produce creative writing pieces, Awareness-raising events for primary parents. These sessions will give advice on the potential for social media apps to be used for online grooming, what to look out for and where to go for support, Awareness-raising events for secondary parents. These sessions will give advice on the potential for social media apps to be used for online grooming, the warning signs of exploitation and where to go for support, and the creation of a legacy pack to be uploaded to YouTube and promoted by NLC in order to maximise access and reach.

## 45. Basis Yorkshire - Improving Financial Health and Wellbeing for Women with Complex and Multiple Needs Leeds - £6000

Basis Yorkshire is a specialist service supporting female indoor and street sexworkers and sexually exploited women, supporting over 400 women across Leeds. Their project would enable Basis Yorkshire to have greater capacity within their organisation to provide focused caseload work to their clients. 80% of women they support have complex and multiple needs; most have difficulties managing finances, often due to poor mental health along with low income (benefits); this insecurity affects their wellbeing but also means they lack funds for basic needs

(which can also lead to more sex working or greater vulnerability to exploitation). Their project will support 30 weekly sessions offering advice on saving, budgeting, debt advice, maximizing support and other key aspects of financial wellbeing. This could include offering budgeting support, accessing benefits or grants, writing off outstanding debts, reviewing contracts etc.

## 46. Headingly Enterprise and Arts Centre Women's Lishi Meditation and Kung Fu at HEART Leeds - £2371

HEART is a community and arts centre, that hosts multiple community groups, live events, and courses. Their project Lishi at HEART will run 5 blocks of meditation, exercise and self defence classes aimed and led by women. Their sessions will cover Tai Chi, Deep breathing, moving meditation and soft Kungfu. This project is in response to violence and sexual crimes reported in the Leeds area, as well as the pandemic having a negative effect on mental health and wellbeing.

#### 47. Humans Being - Switch On to Women's Safety Leeds - £6000

Humans Being aims to reduce mental health inequalities by enabling vulnerable people of all genders to improve their mental wellbeing. They deliver in partnership with a network of local voluntary and community sector partners, their workshops and courses engage diverse groups of people and the volunteers and staff that support them. Their evidence-based, gender-focussed, asset-based approach provides people with powerful, unique opportunities to connect, explore their strengths, find opportunities and motivation to make profound lifestyle changes. Their project will train 80 people to run the 'Switch on to Women's Safety' workshop. This workshop supports men to understand women's experiences of harassment, abuse, and assault in public places and to find practical tools, ideas, and solutions to address the issue. The workshop was developed in 2021-22 by Humans Being, Women's Lives Leeds, Men's Health Unlocked, Touchstone and has been piloted with scores of men across the city.

### 48. Leeds United Foundation - Kicks - Positive Choices Leeds - £6000

The Leeds United Foundation aims to use the power of sport to educate, motivate, inspire, and support people throughout the local Leeds community - a catalyst to improve people's lives supporting health, wellbeing, education, and sports participation for all. Their project, Kicks will select six pupil referral units in Leeds identifying 60 pupils to attend the 10 week programme. The project will work with the PRU's and existing infrastructures linking into school safeguarding, guidance and support, the council Restorative Early Support Team and Social Care to identify and

support vulnerable children and young people involved or at significant risk of being involved in youth violence.

#### 49. Reestablish - Re-establish Youth Club & Mentoring Project Leeds - £6000

Reestablish aims to empower people to discover and actively pursue opportunities to develop their potential and positively improve their lives, whilst enhancing the lives of others. Their aim is to create opportunities for change for young people from areas of high deprivation within South Leeds; raising aspirations, providing support and safe environments in which to belong. As a project, they engage with people who have fallen through the gaps, those surrounded by domestic abuse, drugs, criminality, and loss. They invest in young people who are most likely to end up in abusive relationships, in prison or dropping out of school. Their project is the continuation of their weekly sessions for 7-18 year olds combining sport, creative arts, life skills and relationship development, with mentoring and trips to enhance and advance the lives of young people. The project enables safe spaces for young people surrounded by challenge and violence to develop young people through their youth committee. The sessions will be tailored around relational expectation, life skill development, weapons awareness, instilling healthy boundaries and respect, raising life aspiration and expectations.

# 50. Seacroft Community on Top (in Partnership with Leeds City Council Safer Stronger Communities Team, and West Yorkshire Police) I Believe Leeds - £3756.50

Seacroft Community on Top (SCOT), the lead organisation, are a grass roots community-based organisation operating in Killingbeck and Seacroft (K&S). All the staff and volunteers live in the community and have strong relationships with local residents. SCOT engage with the local community to identify groups, projects and events that would be beneficial and then work to deliver them. SCOT currently provide a range of activities and groups including a community gym, boot camp, SCOT Football Club, Youth Club, Mix and Mingle, Gardening Club, Family Bingo, Stay and Play and key events throughout the year. Their project is about supporting women and girls from the community, with weekly support groups of guided motivational, topical conversations and activities. The sessions will be supported by Leeds City Council and West Yorkshire Police and co-produced with an experienced coach from the community with lived experience of the challenges local women and girls are facing.

#### 51. St. Luke's CARES - RISE & Shine Project Leeds - £4368

St Luke's CARES has over 15 years of providing a variety of community projects to meet the needs of vulnerable and disadvantaged children, young people, unemployed people, elderly people, and families living in poverty within inner South Leeds. Local estates in Beeston and Holbeck are renowned for violent crime, poverty, isolation and deprivation. Their aim is to have a positive impact on the lives of residents, by helping individuals to identify and overcome personal barriers which prevent them from achieving their full potential. They do this by working with individuals, building a bond of trust, building their confidence, and helping them make positive steps in their lives. Their project will be used to strengthen the delivery model of The Shine Project.

## 52. Think Like A Pony C.I.C - Rehabilitating Youth Offenders Through Horsemanship Leeds - £5892

Think Like A Pony (TLAP) is a unique approach that empowers children through horsemanship. Children learn to build honest relationships based on respect for self, respect for others and taking responsibility for all they do. TLAP have a track record for helping the most vulnerable children in Yorkshire when no other intervention is having impact. This project will work closely with Youth Justice Service to support the reduction in offending. By offering places to young offenders who have been identified as 'in crisis', the places will be open specifically for young people where no other intervention has been successful in their rehabilitation. By building a relationship with a pony children will learn to take responsibility of their own actions and develop essential communication skills. These young people are experiencing challenges which include depression, anxiety, and suicidal thoughts, engaging in gang-culture including drugs, inappropriate or illegal sexual activities and petty crime.

### 53. Thinking BIG - DOWNLOAD APP Leeds - £5740

Thinking BIG aims to make a positive difference to services and people's lives through meaningful training and community engagement. Their objects are to promote social inclusion, opportunity, and wellbeing by minimising barriers, maximising potential, and promoting achievement by engaging individuals and groups in education and training; and provide support in preparing for, accessing, and participating in education and training. Their project will deliver two intervention programmes for female offenders, the first being the Mental Heath Programme, consisting of 6 learning events covering mental health awareness, risk factors, warning signs, impact, stigma, communication skills, mental health first aid, when/where to access support, self-management, stress-management, effects of drugs/alcohol. Their second intervention is the Serious Violence Programme,

consisting of 6 learning events covering dealing with violent/life-threatening incidents, assessing situations safely, CPR, using a defibrillator, first aid for a range of situations, weapons and violence awareness and impact, staying safe and influencing/teaching others to be safe.

## 54. West Yorkshire Police with Southway Alternative Provision Southway Boxing Project Leeds - £6000

Southway is an inclusive education provider who provide students with an innovative, stimulating, and safe environment to develop. In Belle Isle and Middleton there has been 2019 recorded incidents of youth anti-social behaviour and 368 recorded youth related crimes. The project will provide up to 45 young people each week the opportunity to learn and practise boxing with trained MMA coaches.

During the training, police and school staff will be on hand to engage, building stronger relationships with them helping divert them from ASB and criminality. It is made clear to the young people that misbehaviour will prevent them from attending sessions, to which a short pilot project saw a significant reduction in ASB as well as improved attendance in school. Research also found that out of 56 students involved in the pilot project, only 7 showed an increase in recorded incidents and many have not been recorded at all, showing an 87.5% reduction in recoded incidents from the students who engaged with the project.

### 55. High Well School - Parent and Carer Forum Wakefield - £5,400

High Well is a school for pupils aged between 9-16 years with an Education, Health and Care Plan for Profound/Severe Social, Emotional and Mental Health Needs (SEMH). Many of their pupils have experienced disruption to their school life, often from an early age. At High Well they aim to prepare every pupil for a positive future. Their core purpose is to develop pupils' academic, social, and emotional skills so that each pupil leaves us ready and equipped for further education, employment, or training, knows how to keep themselves safe, and is able to contribute to society. The project is a tailored support group for parents and carers of children who have profound social, emotional, and mental health needs who meet every month, where in an open forum, they can discuss their experiences about their child in a confidential and non-judgemental environment and gain advice, training, and resources.

#### 56. Wakefield Trinity Community Trust - Inspired Wakefield - £4950

Wakefield Trinity Community Trust use rugby league as a catalyst to drive social change in children, adults, and older people living within Wakefield. Covid-19 has exacerbated long-standing inequalities in Wakefield, many participants come from neighbourhoods that are within the top 20% for deprivation nationally and face daily challenges with poverty, unemployment, and poor health. Their project, Inspired, represents a new 'sport inspired' prevention approach focused on reducing antisocial behaviour within Eastmoor estate and Belle Vue neighbourhoods. Using rugby league as a catalyst for engagement, young people aged 11 to 14 identified as at risk of negative behaviours will participate in a weekly two-hour session from the Be Well Support Stadium led by Trust coaches. 'Inspired' will use rugby league to instil healthy, positive aspirations. The first thirty-minutes will get participants active through physical activity, instilling a prepared mindset for learning. The following hour will entail completing learning activities that support attainment of an accredited Level 1 Qualification in Sports Leadership. This journey will empower participants to develop their own leadership skills and put these into action through the planning and leading of activities to their peers. The final thirty-minutes will include group based personal development opportunities, discussing areas such as mental health, risk-taking behaviours, and school.

### 57. White Rose Amateur Boxing Club - Introduction to Boxing Programme Wakefield - £6000

WRBC has operated in the Wakefield area for over 70 years, the club is situated in an area which suffers high levels of deprivation. Their project, the introduction to boxing programme is made up of blocks of 10 one hour sessions aimed at youths between 11-16 years old who are involved or at risk of becoming involved in antisocial behaviour, teaching discipline, respect and equality to achieve reduction in anti-social behaviour in the community, the integration of participants into the mainstream club sessions, healthier fitter youths showing improvement in the ability to focus and improved decision making by participants.

## 58. Hope For Justice - West Yorkshire Hub: Tackling Modern Slavery in West Yorkshire Bradford, Leeds, Kirklees - £5686.20

Hope for Justice (HfJ) exists to eradicate modern slavery by preventing exploitation, rescuing victims, restoring lives, and reforming society. They work with potential and actual victims of modern slavery to ensure they are placed into safety, access vital services, recapture their lives, and embrace freedom. Hope for Justice delivers the following activities under their core programme areas; 'Prevention' – empowering individuals and communities to protect themselves from slavery and build resilience against traffickers. Training professionals to spot and respond to the signs of slavery. 'Rescue' - Working with law enforcement and local stakeholders to identify victims,

build trust with them, and remove them from exploitation or a profound vulnerability to exploitation. 'Restoration' – offering tailored support, training, and advocacy to survivors, helping them overcome their trauma.' Reform' – working with local and national institutions and NGOs to develop a response to slavery.

### 59. Oxygen Films C.I.C - LGBTQ\* Youth Community Leaders Bradford, Leeds, Wakefield - £5896

Oxygen Films is a user-led, youth-led organisation who's goal is to create moving image pieces dedicated to the authentic voices of minority and disadvantaged young people, with a focus on LGBTQ\* young people primarily from Leeds and the wider West Yorkshire region, especially those who are homeless, without home security, or with challenging home lives due to their sexuality, those from low socio-economic backgrounds and those with disabilities including mental health. They focus on creating provocative content on challenging topics such as mental health, sexuality, and identity through the powerful medium of film. Their project will run an initiative arts project, which will provide specialist accredited training, artistic exploration, and a filmed legacy product. The impact of the project will ensure better infrastructure to the screen sector in the North, by progressing young people's skills and providing under-served and hard-to-reach talent the opportunity to tell their bold and authentic stories. Specifically, the project will allow the local LGBTQ\* community who have been excluded from the industry to attend training, physical production, and furthering their potential to access paid screen production work in the North.

## 60. West Yorkshire ADHD Support Group - Parenting support for children with challenging behaviour West Yorkshire wide - £5924

West Yorkshire ADHD Support Group help support anyone effected by ADHD, including both adults and children with or with suspected ADHD, as well as their parents/carers and siblings. Some of the ways they do this are online via Facebook, face to face and zoom peer support meetings, running social activities for young people and adults, children's weekend and holiday activities and assistance in getting the right support in school for children. The project will deliver a series of indemand parenting courses aimed at parents whose children display challenging behaviours. The course aims to improve family communication and teach effective behaviour management skills. It will also give information on key parental concerns for this age group such as drugs, drink, sexual health, and aggression in young people.

## 61. West Yorkshire Police – Bradford District Safeguarding Cut It Out Bradford, Kirklees - £2775

West Yorkshire Police are running their project, Cut It Out with Bradford & Kirklees Safeguarding Teams, in partnership with the respective Local Authorities. The Cut It Out campaign is aimed at the hair and beauty industry and the wider public to tackle domestic abuse by increasing their knowledge of the signs and what action to take. It originated in Norwich, Norfolk, resulting from a tragic murder in 2017, where a victim of DA confided in her hairdresser that she was a victim. The campaign raises awareness of domestic abuse and violence against women and girls, and also educates around what support is available.